

HAVE YOU OR SOMEONE YOU KNOW BEEN NEGATIVELY AFFECTED BY **COVID-19**?

## WE CAN HELP!

CONTACT US TODAY 405-858-2727

EMAIL— covidoutreach@northcare.com

Monday-Thursday 8:30am-4pm Friday 8am-2:30pm

\*CLOSED WEEKENDS AND MAJOR HOLIDAYS\*



Family Resource Center – Individual and Family Crisis Counseling, Brief educational or Supportive Contact, Group Crisis Counseling, Community Support and Networking.



Resource Linkage— assistance in finding financial resources for utilities, food, shelter, rent and other housing.

\*WE DO NOT PROVIDE DIRECT FINANCIAL ASSISTANCE\*



Distance Access Services- referrals for virtual counseling, case management, peer support, or other tele-health services, Covid19 Stress Management virtual groups & Social Media Videos, Public Educational Seminars (upon request)



Employment and Job Training— No-cost virtual workshops and educational classes for schools and employers on Covid19 response, Resources for job training, unemployment benefit assistance.



Identification of Resources- We can reach out to grocery stores, pharmacies, local businesses, funeral homes, and more to get you the help you need.

\* All of our supportive services are brief in nature. If there is a need for ongoing treatment or therapy we will assist you and your family with an appropriate referral.